



KEEP YOUR STOMACH WELL

SMALL TREATS PRESCRIBED FOR HEALTH AND VITALITY

NIBBLES

NOCELLARA DEL BELICE OLIVES £6.5 **VG** 241 kcal

SUN-DRIED RED PEPPER IN EXTRA VIRGIN OLIVE OIL £7.5 **VG** 206 kcal

SWEET CHILLI & HERB CHARGRILLED MUSHROOMS £7 **VG** 329 kcal

BALSAMIC BORETTANE ONIONS £7 **VG** 96 kcal

SALTED ANCHOVIES IN OIL £9 87 kcal

NUTS

MIXED NUTS £5.5 **VG** 488 kcal

TRUFFLE AND PECORINO MIXED NUTS £5.5 **V** 503 kcal

CHEESE

MATURE CHEDDAR £6.5 **V** 403 kcal

TALEGGIO £7 **V** 315 kcal

CHARCUTERIE

FELINO SALAMI £7.5 302 kcal

MORTADELLA BOLOGNA IGP £7.5 311 kcal



**Two to Four Doses
will be Sufficient**

Please make staff aware of any allergies and intolerances you might have. A full list of all allergens contained in each dish is available upon request. All items include VAT. All items are subject to availability. A discretionary 12.5% service charge will be added to your bill. Adults need around 2,000 kcal a day. Any kcal value stated refers to the total kcal amount in the whole portion.

