



KEEP YOUR STOMACH WELL

SMALL TREATS PRESCRIBED FOR HEALTH AND VITALITY

NIBBLES

NOCELLARA DEL BELICE OLIVES £6 **VG** 241 kcal

FETA-STUFFED PEPPERS £6 **V** 323 kcal

SWEET CHILLI & HERB CHARGRILLED MUSHROOMS £6 **VG** 429 kcal

BALSAMIC BORETTANE ONIONS £6 **VG** 96 kcal

NUTS

MIXED NUTS £5 **VG** 488 kcal

TRUFFLED MIXED NUTS £5 **VG** 392 kcal

CHEESE

MATURE CHEDDAR £6 **V** 669 kcal

STILTON £6 **V** 539 kcal

CHARCUTERIE

FELINO SALAMI £6 302 kcal

SPECK £6 156 kcal



Two to Four Doses will be Sufficient

Please make staff aware of any allergies and intolerances you might have. A full list of all allergens contained in each dish is available upon request. All items include VAT. All items are subject to availability. A discretionary 10% service charge will be added to your bill. Adults need around 2,000 kcal a day. Any kcal value stated refers to the total kcal amount in the whole portion.

