



# KEEP YOUR STOMACH WELL

SMALL TREATS PRESCRIBED FOR HEALTH AND VITALITY

## NIBBLES

NOCELLARA DEL BELICE OLIVES <small>VE</small> 241 kcal	£6.5
FETA-STUFFED PEPPERS <small>V</small> 323 kcal	£7.5
SWEET CHILLI & HERB CHARGRILLED MUSHROOMS <small>VE</small> 329 kcal	£7
BALSAMIC BORETTANE ONIONS <small>VE</small> 96 kcal	£7
SALTED ANCHOVIES IN OIL 87 kcal	£9

## NUTS

MIXED NUTS <small>VE</small> 488 kcal	£5.5
TRUFFLE AND PECORINO MIXED NUTS <small>V</small> 503 kcal	£5.5

## CHEESE

MATURE CHEDDAR <small>V</small> 403 kcal	£6.5
TALEGGIO <small>V</small> 315 kcal	£7

## CHARCUTERIE

FELINO SALAMI 302 kcal	£7.5
MORTADELLA BOLOGNA IGP 311 kcal	£7.5



Two to Four Doses  
will be Sufficient

Please make staff aware of any allergies and intolerances you might have. A full list of all allergens contained in each dish is available upon request. All items include VAT. All items are subject to availability. A discretionary 12.5% service charge will be added to your bill. Adults need around 2,000 kcal a day. Any kcal value stated refers to the total kcal amount in the whole portion.

